

FEBRUARY 2026



LOCH GARMAN  
GNÍOMHACH TRÍ SPÓIRT  
SPORTS ACTIVE  
WEXFORD

SPÓRT ÉIREANN

# NEWSLETTER



"Physical fitness is not only one of the most important keys to a healthy body; it is the basis of dynamic and creative intellectual activity."

John F. Kennedy

START

STAY

SUCCEED

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FEBRUARY 2026

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## About Sports Active Wexford

Sports Active Wexford are the Local Sports Partnership in Wexford and are part of the Community Section of Wexford County Council.

Our vision is for Wexford to be a county where all people are encouraged to:

- START to participate in some form of physical activity
- STAY physically active across the life stages
- SUCCEED in achieving their personal goals (whether they be physical fitness, mental wellbeing, social interaction or competition)

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## Strategy Launch

What a fantastic day we had on Wednesday 28<sup>th</sup> January celebrating the launch of our new Strategic Plan 2025 - 2030 "A Roadmap to Excellence and Innovation". It was a day full of energy, ideas and great conversations.

Thanks to everybody who joined us and supported the launch. We were delighted to see so many of our partners there including FAI, Cricket Leinster, Wexford GAA and Leinster Rugby. Also in attendance was Mary Von Lieshout and Neil Hickey from Sport Ireland, Eddie Taaffe, CE Wexford County Council, our Steering Committee and participants from our Bat and Chat programme.

Now the exciting part begins, turning plans into action!

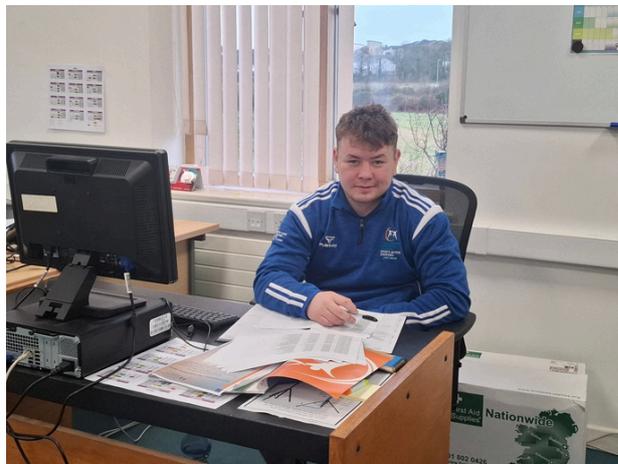


## Student Placement

We are delighted to have student Eoin Walsh on placement with us until the Summer.

Eoin is studying Sport, Business and Coaching in SETU Carlow. We hope you enjoy your time with us and no doubt you will be a great addition to the team.

Welcome Eoin!



## Funding from Sport Ireland

In 2026, Sports Active Wexford will receive €397,090 in core funding, helping us continue our work with people and communities across the area who face the greatest barriers to taking part in sport and physical activity.

This funding supports the everyday work happening locally — creating safe, welcoming spaces to be active, building confidence, and helping people feel connected through sport. It forms part of a wider €12.66 million investment in Local Sports Partnerships nationwide, within a record €33.36 million core funding package for Irish sport.

We're sincerely grateful to the Department of Culture, Communications and Sport, Sport Ireland, Minister Patrick O'Donovan and Minister Charlie McConalogue for their continued support and for backing the role of Local Sports Partnerships in strengthening communities through sport and physical activity.



**€397,090**  
**2026 Core Funding**  
for Sports Active Wexford



## 2 x Cricket Blitz



Cricket Leinster will hold 2 x blitz on Sunday 8<sup>th</sup> March at Wexford CBS from 1.30pm - 4pm

The first one is for boys and girls aged 5 - 9 yrs old and can be booked here: <https://mycricket.sport80.com/public/wizard/e/262>

The second one is for girls only and can be booked here: <https://mycricket.sport80.com/public/wizard/e/263>

## Women in Sport Week 2026

Women in Sport Week 2026 will take place from March 2nd to 8th, celebrating and promoting the achievements of women and girls in sport.

The aim of Women in Sport Week is to:

- Celebrate every woman and girl who plays, coaches, officiates, volunteers, works in, and leads on Women in Sport.
- Promote and highlight the ongoing work of Sport Ireland, NGBs, LSPs, and other stakeholders and clubs on Women in Sport.
- Highlight some of the programmes/initiatives funded by Sport Ireland Women in Sport Programme.

Keep an eye on our website and social media



## Strength and Balance

Are you 65+ years of age and wish to improve your strength, balance and confidence in movement? Then join us in Kilanerin Community Centre for this 8-week programme which will incorporate a mixture of seated and standing exercises. You will also receive some information on the national physical activity guidelines and an exercise band to continue your exercises at home.

Places are limited and registration is essential – please register through the link: <https://www.eventbrite.ie/e/strength-and-balance-for-older-adults-65-kilanerin-tickets-1981926208642?aff=oddtcreator>

If you have any questions regarding this programme please email Ben.Hunt@wexfordcoco.ie

**Strength and Balance for Older Adults**

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**Kilanerin Community Centre  
Y25 P954**

**Wednesdays  
11<sup>th</sup> Feb – 1<sup>st</sup> April  
12:30pm - 1:30pm**

**Adults 65+ who wish to improve strength and balance**

**€20 for the 8-week programme**

Wexford County Council | SPÓRT ÉIREANN SPORT IRELAND | Heilwinnacháir na hArdáire Síneáir Health Service Executive

**Adapted Bike Taster Sessions on the South-East Greenway**

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**Option of 2 time slots: 11am or 1:30pm  
Sessions run for 1.5hrs approx.**

**Available Bikes**  
2 x Access E3 Bikes &  
1 x Wheelchair Platform Bike

**Suitability**  
All suitability and information about bikes are in the overview section of the Eventbrite booking link.

**Dates**  
The programme runs on the 2<sup>nd</sup> & 4<sup>th</sup> Friday of each month from March to October (with 1 exception of Friday 12<sup>th</sup> of June)

Dates are below:  
March: 13<sup>th</sup> & 27<sup>th</sup>  
April: 10<sup>th</sup> & 24<sup>th</sup>  
May: 8<sup>th</sup> & 22<sup>nd</sup>  
June: 11<sup>th</sup> & 26<sup>th</sup>  
July: 10<sup>th</sup> & 24<sup>th</sup>  
August: 14<sup>th</sup> & 28<sup>th</sup>  
September: 11<sup>th</sup> & 25<sup>th</sup>  
October: 9<sup>th</sup> & 23<sup>rd</sup>

**Queries**  
For any queries, please contact [sports.active@wexfordcoco.ie](mailto:sports.active@wexfordcoco.ie)  
Booking: Eventbrite Link

wexth | Shielbagan | SPÓRT ÉIREANN SPORT IRELAND | Active Travel ????

## Adapted Bikes on SE Greenway

Join us for Adapted Bikes Taster Sessions on the South East Greenway and experience the joy of cycling in a way that works for you! 2 x different bikes available. Booking now open for the following dates: March 13th, March 27th and April 10th with option of 2 time slots. For more information and to book your place, please see: <https://bit.ly/4keaV6R>



## Sport Ireland Survey

Sport Ireland wants to hear from YOU! Do you play, coach, or watch a sport in Ireland? Take the survey exploring behaviours towards sport officials <https://app.onlinesurveys.jisc.ac.uk/s/ulster/rto-player-coach-spectator-survey>

Just 10 minutes to complete. Your voice can help improve sport for all.

SPÓRT ÉIREANN  
SPORT IRELAND

**Do you play, coach, or watch a sport in Ireland?**  
Sport Ireland wants to hear from YOU!

Take the survey exploring behaviours towards sport officials  
**#RespectTheOfficials**

Ulster University

## AdventurHER Programme

**AdventurHER Programme** LOCH GARMAN GNIOMHACH-TRÍ SPÓIRT SPORTS ACTIVE WEXFORD

Practice outdoor adventure activity skills through enjoyable walking sessions

**Location & Dates:**

- Week 1 - 6<sup>th</sup> March - Deerpark Mountain, Bunclody,
- Week 2 - 13<sup>th</sup> March - Coolmelagh Walking Trail, Bunclody
- Week 3 - 20<sup>th</sup> March - Forth Mountain, Carrigfoyle Quarry Trail
- Week 4 - 10<sup>th</sup> April - White Mountain, Rathnure,
- Week 5 - 17<sup>th</sup> April - Askamore Woods, Gorey,
- Week 6 - 1<sup>st</sup> May - Annagh Hill, Ballythomas, Gorey

Time: 9.30am – 2pm  
Fee: €3 per session

Outdoor Adventure-based walking programme open to women of all fitness abilities

**What to expect**  
Learn basic navigational skills,  
Increase knowledge of regional flora & fauna & leave no trace principals,  
Add nature-based experiences to your toolkit,  
Build social connections through shared experiences

Cambridge City and Loch Garman Wexford County Council | SPÓRT ÉIREANN SPORT IRELAND | wwtb Shielbaggan

**AdventurHER Programme**

Women in Sport Week is happening from 2nd to 8th March, 2026 celebrating female participation in sport.

During this special week, we will be launching our AdventurHER programme, an outdoor adventure based walking programme open to women of all fitness abilities. Week one kicks off on 6th March at Deerpark Mountain, Bunclody from 9.30am to 2pm. Cost is €3 per session.

To book your place, <https://t.co/7PYyIiTIJs>



**Sports Active Wexford team with our Steering Committee chairperson Cllr. Garry Laffan**



**Fran Ronan** - LSP Co-Ordinator - [fran.ronan@wexfordcoco.ie](mailto:fran.ronan@wexfordcoco.ie)

**Will Doyle** - Temporary Programme Manager - [william.doyle@wexfordcoco.ie](mailto:william.doyle@wexfordcoco.ie)

**Ben Hunt** - Physical Activity for Health Officer - [ben.hunt@wexfordcoco.ie](mailto:ben.hunt@wexfordcoco.ie)

**Anna Flynn** - ESF+ Social Innovation in Sports Officer - [anna.flynn@wexfordcoco.ie](mailto:anna.flynn@wexfordcoco.ie)

**Alina Andrei** - New Ross Hub Co Ordinator - [alina.andrei@wexfordcoco.ie](mailto:alina.andrei@wexfordcoco.ie)

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