

OCTOBER 2026



LOCH GARMAN
GNÍOMHACH TRÍ SPÓIRT
SPORTS ACTIVE
WEXFORD

SPÓRT ÉIREANN

NEWSLETTER



"I will not let age change me. I will change the way I age!"
Hannah Dawson

START

STAY

SUCCEED

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OCTOBER 2026

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About Sports Active Wexford

Sports Active Wexford are the Local Sports Partnership in Wexford and are part of the Community Section of Wexford County Council.

Our vision is for Wexford to be a county where all people are encouraged to:

- START to participate in some form of physical activity
- STAY physically active across the life stages
- SUCCEED in achieving their personal goals (whether they be physical fitness, mental wellbeing, social interaction or competition)

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Ferns Mens Shed



A Fantastic First Day at Ferns Men's Shed! We had a fantastic first day of our Ferns Men's Shed Movement Programme last week! This programme forms part of a wider initiative generously funded through the HSE Men's Health Programme, promoting physical activity, health and wellbeing among men in our communities. We were delighted to welcome members from Kilmuckridge and Ballycanew Men's Sheds, who joined us to support the men of Ferns. It was brilliant to see the sheds coming together, connecting and getting active! A massive thank you to John Kelly from Wexford Local Development for helping to organise this fantastic event in collaboration with Sports Active Wexford. Your support and collaboration are always greatly appreciated! Ferns Men's Shed is actively welcoming new members! If you're interested in getting involved and meeting new people in a friendly environment, we'd love to hear from you. Would you like to join us next week for Day 2 of our Movement Programme?



LOCH GARMAN GNIOMHACH TRÍ SPÓIRT SPORTS ACTIVE WEXFORD
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Adapted Bike Taster Sessions on the South-East Greenway

Available Bikes
1 x Axxess E3 Quad
1 x Trigo Trike
1 x Wheelchair Platform Bike

Dates
July: 10th & 24th
August: 14th & 28th
September: 11th & 25th
October: 9th & 23rd

Option of 2 time slots: 11am or 1:30pm
Sessions run for 1.5hrs approx.

Suitability
All suitability and information about bikes are in the overview section of the Eventbrite booking link.

Queries
For any queries, please contact sports.active@wexfordcoco.ie
Booking: <https://bit.ly/4mPWNSV>

Logos: SPORT ÉIREANN, South-East Greenway, wweb, Shillelagh, Talisteal Gníomhach Loch Garman Active Travel Wexford

Our last Adapted Bike Taster Session is happening on the South East Greenway on October 23rd

We'll have a range of bikes available to try:

- ✨ Axxess E3 Quad
- ✨ Trigo Trike
- ✨ Wheelchair Platform Bike

🕒 Two time slots available:

- 11:00am
- 1:30pm

👉 Give it a go and experience the joy of cycling in a safe, supportive environment!

Suitable for:

- ✓ All abilities
- ✓ Individuals with additional needs
- ✓ Beginners or those returning to cycling
- ✓ Anyone looking to build confidence on adapted bikes

📧 Limited spaces – booking essential!

<https://www.eventbrite.com/e/1979716622711?aff=oddtcreator>

Safeguarding 1 – Basic Awareness Course



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WEXFORD
SPORT DREAMS

SAFEGUARDING 1

BASIC AWARENESS COURSE

Places are limited!

Contact the office on 087 - 6937764 or
email sports.active@wexfordcoco.ie

PRE-PAYMENT IS ESSENTIAL FOR COURSE TO PROCEED

 Wed 4th Nov

 Zoom

 6.30pm - 9.30pm

 €20



Safeguarding 1, Basic Awareness Course coming up with Sports Active Wexford on 4th November, held over zoom from 6.30pm - 9.30pm. Cost €20.00 (plus booking fee).

To register: <https://eventbrite.ie/e/safeguarding-1-basic-awareness-course-tickets-2003144297517?aff=oddttdtcreator>

Texaco Support for Sport €5,000 for one club in each county



Imagine, this could be your sports club! Texaco are now accepting applications for their 2027 initiative, which closes on Thursday, 21st January. So, don't delay. Simply visit <https://texacosupportforsport.com> and click on the "REGISTER" button to start the process and your club could be in with a chance to win a €5000 Award.

We wish you luck!

Aqua Aerobics for Chronic Pain and Arthritis



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**AQUA AEROBICS FOR
CHRONIC PAIN & ARTHRITIS**

 **ACTIVE TRIBE - COURTOWN**

 **3RD NOVEMBER – 15TH DECEMBER (7-WEEKS)**

 **12 NOON**

 **€25 FOR FULL PROGRAMME**

 Coastguard Centre
Loch Garman
Wexford County Council

 Healthcare for All
Wexford County Council

 SPÓRT ÉIREANN
SPORT IRELAND

Are you living with chronic pain and/or arthritis? Join us for our 7-week adapted aqua aerobics programme in Active Tribe, Courtown. While in the pool, enjoy ease of movement and be guided by an excellent instructor through each session. A fantastic way to return to exercise if it has been a while and you have been struggling due to pain. Please note, you may need to have a conversation with your healthcare provider before taking part in this programme.

Places are limited and registration is essential.

https://eventbrite.ie/e/aqua-aerobics-for-chronic-pain-and-arthritis-tickets-2003005862454?aff=oddtcreator&keep_tld=true

Club Training Grant Closing Soon !



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Max
€600

Club Training Grant 2026

This grant is aimed at improving the management and administration of clubs by assisting with their training needs

Follow us on social media



 053 9196557

 sports.active@wexfordcoco.ie

 SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS

 Comhairle Contae
Loch Garman
Wexford
County Council

Applications for our Club Training Grant is closing
October 30th at 4pm.

For more details and to apply, go to :
<https://t.co/fdtKrdXJm8>

National Sports Plan – Have your say!



Ireland's National Sport Policy 2018-2027 was the first of its' kind and has been transformational for the sector. Funding certainty and commitments around large-scale infrastructure were key features of the NSP, and it has served our sport population, both high performance and participation, well.

Work will soon begin on the next National Sport Policy which will run from 2028 for ten years, and you can have your say. What should the NSP 2028-37 prioritise? How can we continue to support all athletes, administrators, volunteers, children, and other stakeholders in sport and physical activity?

Senator Evanne Ní Chuilinn, Fine Gael Seanad Spokesperson on Sport, Arts, Culture, Media, and Communications has launched a survey to hear from NGBs, LSPs, participants, professionals, volunteers, and all who have a connection to sport. The link to the survey is [here](#). It would be great if you could complete this survey and have your say. Feedback from the survey will inform the itinerary of a policy conference to be held in October, and later, a report which will be submitted to the Minister for Sport

The survey, in addition to the feedback from previous workshops will inform a comprehensive report for the Minister outlining the issues, priorities, and actions that the sector want to see reflected in the next NSP.

Respect for officials



Who makes sport happen? Everyone.

Officials are not outside sport; they are an essential part of the community that brings it to life.

Every sport. Every person. Every time.

Community Sports Facility Fund



The Community Sports Facilities Fund, (formerly the Sports Capital and equipment Fund), is the primary means of providing Government funding to sport and community organisations at local, regional and national level throughout the country. The Programme aims to foster an integrated and planned approach to the development of sports and physical recreation facilities and assists the purchase of non-personal sports equipment. Applications are now open.

Full information can be found: <https://www.gov.ie/en/department-of-culture-communications-and-sport/services/sports-capital/>

Library Services

Wexford Library Service



Comhairle Contae
Loch Garman
Wexford
County Council

Supporting
Health & Wellbeing
in the Community



Discover a range of health, sports and wellbeing books, supporting readers to make informed choices about their health and lifestyle. Wexford Library Service also offers wellbeing events, workshops and free activator pole loans, helping support healthier, more connected communities.



Grow the skills you need at your local library



Healthy Ireland
at your Library



Club Database



Our Club Database is newly revamped and its a great tool for people looking for sports clubs and groups in an area. We would love to grow this database. Check see if your local club is registered and if not, maybe ask a club contact to register.

It can be viewed at
<https://wexfordcoco.ie/clubs>

Active Disability Ireland

Sport Inclusion
Disability Charter
clearly outlines the five key areas people with disabilities are asking all organisations to consider in making active and healthy lifestyles possible for them.

Check it out
<https://bit.ly/424ww0Q>



Sports Active Wexford Team



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